

RXR JR. BREAKFAST MAT approx. 10" x 13"

All Row by Row Junior™ patterns are designed to be completed with the help of an adult sewing coach.

Materials Needed

- One Fat Quarter for backing
- One Fat Quarter for borders
- Scraps for spoon and star, matching thread
- Scrap for spoon background
- 12" x 16" piece of lightweight fusible fleece like Pellon 987F
- Paper-backed fusible like Heat n Bond Lite, Purple Thang
- One completed 9-1/2" square size Row by Row Junior™ block



Cutting Instructions All rotary cutting should be done by an adult.

From border fabric:

- Cut 2: 1-1/4" x 9-1/2" strips for side borders
- Cut 2: 1-1/4" x 14" strips for top and bottom borders

From backing fabric:

- Cut 2: 12" tall x 8" wide rectangles

From spoon background:

- Cut 1: 9-1/2" tall x 3-1/2" wide rectangle

Assembly Instructions

>>>1. Trace the spoon and star shapes on the paper side of paper-backed fusible web. Cut out around the traced shapes but do not

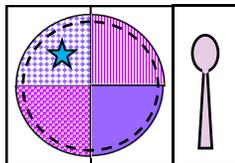
cut on the traced lines yet. Ask your coach to help you fuse the shapes to the wrong side of your spoon and star fabric following manufacturer's instructions. After fusing, cut out the spoon and star on the traced lines. Save the scraps.

>>>2. Ask your coach to help you fuse the spoon to the 3-1/2" x 9-1/2" background rectangle. Center it about 1" from the bottom edge of the rectangle. The sides of spoon's oval top should be about 1" from the rectangle sides. Fuse.

>>>3. Do some practice stitching. Ask your coach to help fuse scraps from cutting out the spoon onto background scraps. Practice stitching on them, pivoting in corners and around curves. Keep your stitching line about 1/8" away from the edge of the shape as shown on the star below. Do you like the thread color you chose?

>>>4. Stitch around your spoon like you practiced. Start at the bottom corner of the handle.

>>>5. Join the spoon unit to the 9-1/2" square block using a quarter inch seam allowance as shown. Press seam allowance toward the spoon.

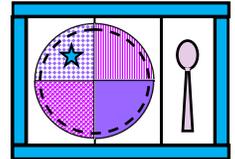


>>>6. Audition the placement of the star on the mat. Try different places. When you decide where you like it best, ask your coach to

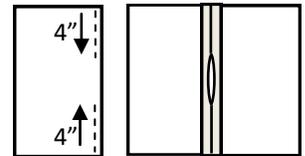
help you fuse it in place. Then stitch around it just like you did with the spoon keeping your stitching about 1/8" from the edge.

>>>7. Add the border strips, sides first then top and bottom using a quarter inch seam. See above right. Press toward the borders.

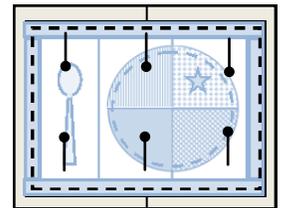
>>>8. Fuse lightweight fleece to the back of the mat front by placing the fleece, fusible side up, on the ironing board. Then place the mat, right side up, on top of the fleece. Using a steam iron, lightly fuse the layers together being careful not to let the iron touch the exposed fleece edges. After fusing, ask your coach to carefully trim away the excess fleece even with the mat edges. Press again to fuse the edges.



>>>9. Prepare the backing by placing the two backing rectangles right sides together and edges even. Mark 4" from the top and 4" from the bottom as shown. Pin. Stitch using a 1/2" seam allowance to each mark. Back stitch at the marks. Press seam open as shown.



>>>11. Layer the mat on top of the backing with right sides together. The backing will be slightly larger than the front. Center the front on the back. Pin the layers.



>>>12. Ask your coach to help you put your machine's most slender presser foot on. Stitch all around the front unit using the edge of your presser foot as a guide (1/4" - 3/8") along the cut edge of the mat and pivoting at the corners as shown.

>>>13. Ask your coach to help you trim away the excess backing fabric even with the mat and clip the corners.

>>>14. Reach your hand through the opening in the backing seam. Turn the mat right side out. Use a Purple Thang to coax out the corners. Carefully press the side edges and entire mat smooth and flat on the front and back.

>>>15. Ask your coach to show you how to "stitch in the ditch" along the seamlines where the borders are joined to the mat and along the spoon rectangle seam line.

>>>16. Visit www.rowbyrowexperience.com to see how to close the back opening and other tips for sewing this pattern.

>>>17. Congratulations! Your Breakfast Mat is finished. Make more for your friends and family members.

